

**RWJ RAHWAY
FITNESS & WELLNESS CENTER**
at
CARTERET



REGISTRATION & ENROLLMENT FORM

Please fill out all forms completely & return with payment to the Reception Desk.

Participant Information:

First Name (Print): _____ Last Name (Print): _____ Age: _____

Parent/Guardian Information:

First Name (Print): _____ Last Name (Print): _____ Relationship to Child: _____

Address: _____

City: _____ State: _____ Zip: _____

Cell Number: _____ Phone Number: _____

Email: _____

Emergency Contact:

Name (Print): _____ Contact Number: _____ Relationship to Child: _____

Class Selection (Check All That Apply):

- Kids Bootcamp | Mondays (7 - 13 yrs.)
- Kids Yoga | Wednesdays (7 - 13 yrs.)
- Kids Zumba® | Thursdays (5 - 13 yrs.)
- Self Defense Just Makes Sense | Wednesdays (5+ yrs.)
- Prince/Princess Ballet | Thursdays (4 - 7 yrs.)

Pricing:

Members: \$80.00 per session (eight weeks)

Non-Members: \$95.00 per session (eight weeks)

Please note: All sessions must be paid in full. Sessions are not refundable. Second child gets 10% off.

Parent/Guardian Signature:


First Name (Print): _____ Last Name (Print): _____

Signature: _____ Date: _____



FITKIDS Class Schedule

Starts week of October 9, 2017

CLASS	DAYS	TIMES	AGES	LOCATION	DESCRIPTION
KIDS BOOTCAMP	Mondays	4:30pm - 5:15pm	7 - 13 yrs.	Studio 1	An energetic class designed for kids. Class will include different stations to help build stamina, agility, coordination, strength, and flexibility.
SELF DEFENSE JUST MAKES SENSE 	Wednesdays	4:45pm - 5:30pm	5 + yrs.	Studio 1	Taught by an instructor from International Martial Arts, your child will learn courage, discipline, respect, and fitness.
KIDS YOGA	Wednesdays	4:30pm - 5:15pm	7 - 13 yrs.	Studio 2	A Vinyasa Yoga class designed for children. Children will be introduced to the Yoga practice of focus, flexibility, strength, breathing, and relaxation.
PRINCE/ PRINCESS BALLET	Thursdays	4:30pm - 5:15pm	4 - 7 yrs.	Studio 2	The 45 minute class will teach your little prince/princess the fundamentals of ballet as well as listening skills, following directions, and meeting new friends.
KIDS ZUMBA®	Thursdays	5:30pm - 6:15pm	5 - 13 yrs.	Cycle Studio	A fun, energetic dance class using the newest Zumba moves.

Not a member? Not a problem!
We welcome non-members!

Registration ends on October 8, 2017. Sign up today!
Fill out a form at the Reception Desk or call/email us at:

732.541.2333

PLEASE NOTE: A minimum of four children registered in each class is required for all classes to take place.