

# SUMMER CAMP 2026

## SUMMER SCHEDULE

JUNE-JULY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 	30	1	2	3 
HOMETOWN HEROES				
6 	8	9	10 	
OUTER SPACE				
13 	15	16	17 	
AROUND THE WORLD				
20 	21	22	23 	24
PIRATES & MERMAIDS				
27 	28	29	30	31 
TOP SECRET: SPY TRAINING				

AUGUST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 	4	5	6	7 
TIME TRAVELING				
10 	11	12	13 	14
NATURE ADVENTURES				
17 	18 	19	20 	21 
CAMP OLYMPICS				

### SIGN UP TODAY!

732.541.2333



For more information, scan the QR code, visit, or contact:

[try.rwjfitnesscarteret.com/summercamp2026](http://try.rwjfitnesscarteret.com/summercamp2026)  
[RWJCARSummerCamp@fitnessandwellness.org](mailto:RWJCARSummerCamp@fitnessandwellness.org)

# SUMMER CAMP 2026

## DETAILED SCHEDULE

### Detailed Summer Schedule

#### WEEKLY SCHEDULE BREAKDOWN

- **Mondays:** Art (AM) | Swimming (PM)
- **Tuesdays:** S.T.E.M. (AM) | Swimming (PM)
- **Wednesdays:** Art (AM) | Swimming (PM)
- **Thursdays:** Music (AM) | Swimming (PM)
- **Fun Fridays:** Dance Parties, Movies, Spray Park/Waterfront Trips, Field Trips, Ice Cream Truck Visits, etc.

#### **Hometown Heroes Week**

Week 1 | June 29–July 2 (No camp on Friday, July 3)

*Let the Summer fun begin!*

Campers will kick off the summer by learning about the everyday heroes who keep our communities strong (lifeguards, police officers, teachers, and coaches) while building teamwork skills and learning important camp rules and routines.

#### **Outer Space Week**

Week 2 | July 6–July 10

We'll blast off into a week of hands-on science fun with bottle rockets, glow-in-the-dark alien slime, and creative space-themed crafts, including tie-dye galaxy socks!

#### **Around the World Week**

Week 3 | July 13–July 17

Campers will explore cultures across the globe through World Cup-inspired games, international arts and crafts, music, and dances.



#### **Pirates vs Mermaids Week**

Week 4 | July 20–July 24

Adventure awaits with a splashy pool party, mermaid and pirate themed fun, a STEM "build a boat" challenge, tropical sand art, and creative self-care crafts fit for the high seas!



#### **Top Secret: Spy Training Week**

Week 5 | July 27–July 31

Our future secret agents will test their skills with invisible ink experiments, escape room challenges, scavenger hunts, and daily clues that unlock surprises.



#### **Time Travel Week**

Week 6 | August 3–August 7

We'll wrap up the summer by traveling through the decades with dress-up days, memory-making crafts, scrapbooking, and creating a summer camp time capsule!



#### **Nature Adventures Week**

Week 7 | August 10–August 14

Campers will connect with the outdoors through park explorations, hands-on science activities like leaf chromatography, and an exciting nature-based field trip.



#### **Camp Olympics Week**

Week 8 | August 17–August 21

It's time for teamwork and friendly competition as campers participate in Olympic-style challenges, group games, and exciting sports activities that build confidence and camp spirit.